

## waxing

We use a hygienic roller system with soothing waxes to minimise irritation.

<b>Full leg</b>	£22
<b>Full leg with bikini</b>	£26
<b>Full leg with brazilian</b>	£30
<b>3/4 leg</b>	£18
<b>1/2 leg</b>	£15
<b>Bikini</b>	£10
<b>Brazilian</b>	£16
<b>Underarm</b>	£8
<b>Forearm</b>	£8
<b>Eyebrows</b>	£6.50
<b>Upper lip</b>	£4

## eyes

A test is required for an eyelash tint 1-7 days before if you haven't had this treatment.

<b>Eyelash tint</b>	£12
<b>Eyebrow tint</b>	£4
<b>Eyelash/brown tint</b>	£15
<b>Eye micro zone (30 mins)</b>	£25

A refreshing, firming eye treatment for tired, puffy or ageing eyes (includes hand/foot or scalp massage).

## make-up

<b>Make-up consultation and application</b>	£25
<b>Make-up trial</b>	£22

For wedding parties we can come out to your home if you require.  
Minimum of 2 persons.

<b>Call out fee</b>	£35
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## pulsar IPL

- permanent hair reduction
- rosacea
- photo rejuvenation (increases collagen production)
- facial thread and spider veins
- sun/age pigmentation on hands, chest and face
- birthmarks

### Approx prices per session (hair reduction)

<b>Upper lip</b>	£50
<b>Upper lip/chin</b>	£95
<b>Chin</b>	£65
<b>Jaw line</b>	£70
<b>Neck</b>	£95
<b>Face</b>	£150
<b>Bikini</b>	£90 - £150
<b>Underarm</b>	£75
<b>Stomach</b>	£60
<b>Back</b>	£275
<b>Chest</b>	£120
<b>Nipples</b>	£65
<b>Lower leg</b>	£250
<b>Upper leg</b>	£275
<b>Photo Rejuvenation</b>	
<b>Full face</b>	£175
<b>Crows feet</b>	£80
<b>Upper lip</b>	£50
<b>Mouth</b>	£75

Prices for other treatments on consultation.

### Whitekirk Golf & Country Club

North Berwick · East Lothian · EH39 5PR  
Tel: 01620 870665 · Fax: 01620 870330  
Email: [countryclub@whitekirk.com](mailto:countryclub@whitekirk.com)  
[www.whitekirk.com](http://www.whitekirk.com)

# Massage and Beauty Therapy

at



**WHITEKIRK**  
*Golf & Country Club*

## Pulsar IPL Clinic

**OPEN 7 DAYS**

Monday - Friday 9 am - 9 pm  
Saturday - Sunday 9 am - 6 pm

**Non Members Welcome**

*Gift Vouchers and Spa Days Available*

Tel: 01620 870665  
[www.whitekirk.com](http://www.whitekirk.com)

24hr Cancellation notice required

## spa packages

**Relax and unwind** (2hr 30mins) £62  
including lunch £72

Dermalogica facial and full body aromatherapy massage.

**Indulgence day** (approx 4hr 30mins) £130  
including lunch £140

Dermalogica facial, full body aromatherapy massage, manicure and pedicure.

**Mum to Be** (3hr 30mins) £70

Dermalogica balancing facial, pregnancy massage with back exfoliation.

**Bride** (approx 4hrs 30mins) £90

Dermalogica body exfoliation and express facial, eyelash tint (test required 1-7 days prior) eyebrow shape and to finish choose from a self tan application or full body massage.

**Couples Massage** £68

Full body massage with your partner or a friend, together in the same room.

**Gents/Groom Package** £75

Back, neck and shoulder massage. Dermalogica mini facial, pedicure and manicure, eyebrow tidy if required.

## FACE dermalogica®

### All skin types

**dermalogica express facial** (30mins) £24

**dermalogica prescriptive facial** (1hr 15mins) £36

### Tired dull skin

**dermalogica brightening** (1hr 15mins) £36

### Dry or sensitive

**dermalogica enviromental control** (1hr 15mins) £36

### Oily/Acne type - **NEW!**

**dermalogica medibac clearing** (1hr 10mins) £36

### Ageing, sun damaged or mature types - **NEW**

**dermalogica AGESmart** (1hr 15mins) £36

**CACI microcurrent, lifting facial** (1hr 10mins) £38

**Super caci** (1hr 20 mins) - **NEW!** £45

Incorporates dermalogicas AGE smart facial.

### About caci

*Caci's non surgical face lifting treatment, stimulates the facial muscles to give a gentle lifting effect by using specific wave forms and frequencies. This also helps to give the skin a glow and enhance health of skin tissue.*

**Millia removal** Price on consultation

## hopi ear candling

(1hr) £40

A wonderfully relaxing and healing treatment which uses the vibration and suction actions of the candles to create a massage like effect on the eardrum to help treat sinusitis, rhinitis, stress migraines, vertigo, snoring, tinnitus, glue ear, catarrh, sea sickness, motion sickness, menieres as well as other ear problems. Includes facial massage.

## massage and body therapies

**Full body massage** (1hr 15mins) £35

**Energising leg and back massage** (1hr) £28

**Back, neck and shoulder massage** (30mins) £22

**Back, neck and shoulder massage with exfoliation** £27

**Hot volcanic stone massage with aroma oils** (1hr 30mins) £38

**Hot stone back, neck and shoulder massage** (35mins) £25

**Aromatherapy full body massage** (1hr 15mins) £36

We use pre blended high quality essential oils to gently help balance the body and mind.

**Pregnancy massage** (1hr 15mins) £35

**Dermalogica energising body scrub** (45mins) £30

**Dermalogica sea mineral wrap** (2hrs) £60

A revitalising body exfoliation followed by a detox or conditioning body wrap, finishing with a soothing massage.

**MEDIbac back clearing treatment** (1hr) £28

## tanning



- Preparation - exfoliate 1-2 days before
- avoid waxing/shaving 1-3 days before
- bring loose dark clothing

**St tropez original tan application** £32

**Fake bake original tan application** £32

*We stock fake bake home tanning products.*

## feet

*please remember your sandals!*

**Pamper pedicure** (1hr 30mins) £40  
includes scalp massage and deep heat treatment

**Pedicure** (1hr 15mins) £34

Both pedicures include nail shaping, foot exfoliation, cuticle work, massage and polish.

**File and polish** £15

## hands

**Pamper manicure** (1hr) £26  
includes deep heat treatment

**Manicure** (45mins) £22

**File and polish** £15

## calgel nail enhancements

**Nail extensions** £45

**Clear, colour or french overlay** £35

**Rebalance** £30

**Removal** £10

*NAIL ART/GEMS AVAILABLE*

## mens therapy

**Dermalogica cleansing facial** £36

**Full body massage** £35

**Back, neck and shoulder massage** £22

**Energising leg and back massage** £30

**Hot stone massage** £38

**Hot stone back neck and shoulder massage** £28

**Aromatherpay massage** £36

**Body scrub - includes massage** £30

**Manicure** £18

**Pedicure** £32

**Eyebrow tidy** £5

**Chest wax** £12

**1/2 chest wax** £8

**back wax** £12

**1/2 back wax** £8

**Gents/Groom Package** £75

Back, neck and shoulder massage. Dermalogica mini facial, pedicure and manicure, eyebrow tidy if required.